

# ORIENTAL PHILOSOPHY AND COMPARATIVE RELIGION

1443 Q St., N. W.



## SUBJECT OF LECTURE

SUNDAY EVENING

June 17th

AT 8:15

"THE GREAT LAW"

## WEDNESDAY

EVENING

June 20th

AT 8:15

"LIFE"

We will now speak of the ways and means of strengthening the Will power.

The end to be achieved by all such training of the will is the entire submission of the Man of Impulse, the mortal, lower nature, to the Man of Will, the Immortal, Divine nature.

This training may be undertaken in a simple practical form by anyone who will set to work to overcome those instinctive repulsions to which we are all of us heirs in some form or other. With one it will be the sense of touch,—we shudder at the touch of a toad perhaps; or taste—we cannot eat certain wholesome foods, and we must have others; we are sick if we smell a foul odor, or even the scent of a lily; we can not work if we do not get our coffee in the morning . . . and so on with each of the senses.

The Man of strong will must train himself to dominate absolutely by his will, all emotions which might arise from such instinctive aversions, whether to things or to persons. The reflex action will probably always take place, but the will must be strong enough to prevent any outward sign of the antipathy.

Given a high aim,—fixity of purpose,—decision,—a trained will,—and a full supply of nerve-force,—and the true man will scale the heights of his desire, and to him all things will be possible.

(See Sunday's Washington Post under "Clubs.")

### Questions asked in the After-Talk:

What actuates the Man of Impulse when he goes against the higher nature?

Is it not a good training to deny ourselves occasionally something which we ordinarily enjoy?

Is the Man of Impulse to blame for his acts?

Do we not bind ourselves more closely to unpleasant conditions or persons by our very attitude of antipathy to them?

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